

**Empowering People  
to Save Lives. Together.**



# FTACC

## First Aid Trauma & Casualty Care

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**FTACC is a new evolution in first aid, providing learners with first aid skills in a new and innovative way, now adopted successfully throughout the emergency services and first aid community.**

FTACC is a **Qualsafe accredited** course that meets the Faculty of Pre-hospital Care (FPHC), Pre-hospital Emergency Medicine (PHEM) guidelines **level B** of The Royal College of Surgeons Edinburgh and is equivalent to Emergency First Aid at Work (EFAW) and First Aid at Work (FAW).



**FTACC** is part of The ATACC Group  
Integrated Emergency Care Programme (IECP)

## FTACC – Overview

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**FTACC is a long overdue revolution in the world of First Aid and replaces generations of often mundane and un-stimulating courses that people have previously experienced.**

Gone are the days of 'tick box' first aid!  
FTACC is very different.

The adoption and retention of lifesaving skills is vital to sustain our communities as society grows older, first aid courses must be informative, engaging and proven to empower responders in making an immediate difference.

FTACC exceeds the minimum standards set by the Health and Safety Executive (HSE) and uses a unique new approach to identify and treat the ill and injured.

## FTACC – Empowering People to Save Lives

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**The role of a first aider is to manage minor injuries, save life and summon help. This can be a huge responsibility requiring a calm yet effective response, often in stressful situations.**

The effectiveness of any initial response is directly related to the methods and skills that first aiders are taught which will result in a more favourable outcome.

For this reason, FTACC adopts a new and innovative approach to teaching the essentials of first aid at work with the emphasis very much on the learner.

FTACC is a perfect blend of dynamic classroom sessions and practical interaction, a proven methodology that ensures knowledge and skill retention.

Casualty care has developed and changed over the years and first aiders need to re-focus their care. FTACC achieves this through our new B.U.R.P.S approach, which rapidly identifies and then colour codes the problem from minor to life-threatening.

## B.U.R.P.S – Assessment

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**B.U.R.P.S is our quick and easy assessment method that guides the first aider through the identification of a problem and any subsequent course of action.**

B.U.R.P.S is a new approach for assessing a casualty, developed by medical experts, to empower first aiders in the management of medical and trauma casualties

**The acronym represents the following:**

**B** – Bleeding

**U** – Unconscious or reduce conscious level

**R** – Difficulty breathing

**P** – Pain or altered sensation

**S** – Skin changes

What makes B.U.R.P.S unique is that rather than working through body systems it focuses directly on the problem and any required treatments.

# B.U.R.P.S – Algorithm


BURPS	
<b>B</b>	BLEEDING
<b>U</b>	UNCONSCIOUS OR SEMICONSCIOUS
<b>R</b>	RESPIRATORY/BREATHING DIFFICULTY
<b>P</b>	PAIN, DISTRESS OR NUMBNESS
<b>S</b>	SKIN CHANGES

## HOW DOES THE B.U.R.P.S METHOD WORK IN PRACTICE?

Below we have three examples of the B.U.R.P.S approach in use.

The findings for each condition are highlighted on the B.U.R.P.S list, and the colour coding indicates the urgency and type of ongoing care required.

GREEN



**FIRST AID MEASURES**

BURPS – Isolated Headache	
<b>B</b>	NO MAJOR BLEEDING
<b>U</b>	FULLY CONSCIOUS
<b>R</b>	NO BREATHING DIFFICULTY
<b>P</b>	BAD FRONTAL HEADACHE
<b>S</b>	NO SKIN CHANGES


YELLOW



**DOCTOR/HOSPITAL**

BURPS – Hand wound with nerve injury:	
<b>B</b>	NO MAJOR BLEEDING
<b>U</b>	FULLY CONSCIOUS
<b>R</b>	NO BREATHING DIFFICULTY
<b>P</b>	PAIN FROM WOUND & NUMB LITTLE FINGER
<b>S</b>	WOUND

RED



**RISK TO LIFE 999**

BURPS – Bacterial Meningitis	
<b>B</b>	NO BLEEDING
<b>U</b>	DROWSY, IRRITABLE CHILD
<b>R</b>	INCREASED BREATHING RATE
<b>P</b>	IRRITABLE, HEADACHE
<b>S</b>	SKIN RASH – NON BLANCHING

The BURPS approach is colour coded to define the level of response required by the first-aider and the any necessary course of action.

### GREEN

Indicates simple First Aid measure

### YELLOW

Indicates the need for review by a healthcare professional or hospital visit

### RED

Indicates the need for a 999 emergency ambulance and some immediate action

# FTACC – In Detail

## COURSE SUMMARY

**FTACC is a dynamic, engaging and effective first aid programme, developed by leading pre-hospital doctors and already adopted by the emergency services and industry.**

It meets and exceeds the Health and Safety Executive (HSE) standards and is more relevant for today's workplace when compared to existing courses. It adopts an innovative approach which ensures retention of skills and knowledge as well as outline a clear course of action that ensures better patient outcomes.

FTACC is the first step on our Integrated Emergency Care Programme (IECP) which progresses candidates from basic through to the advanced levels. IECP is a progressive and systematic pathway to enhancing skills and empowering people to save lives.

FTACC is a **Quallsafe accredited** course that meets the Faculty of Pre-hospital Care (FPHC), Pre-hospital Emergency Medicine (PHEM) guidelines **level B** of The Royal College of Surgeons Edinburgh and is equivalent to Emergency First Aid at Work (EFAW).

## DURATION

- **3 days** (first aid at work equivalent)
- **1 day** (emergency first aid at work equivalent)

## COURSE CONTENT

- Safety
- Calling for Help
- Immediate Assessment
- Bleeding
- Major Bleeding
- No Signs of Life
- Unconscious / Very Drowsy
- Respiratory Distress
- Pain or Numbness
- Skin – Appearance & Temperature
- Special Circumstances (expand)

**Candidates must be at least 16 years of age**

The **FTACC** course is part of The ATACC Group **Integrated Emergency Care Programme (IECP)** which is a progressive series of emergency care courses that runs seamlessly from basic through to the advanced level.

Organisations who identify a higher-level hazard/risk should consider our **BTACC** or **RTACC** training.



**Integrated Emergency Care Programme (IECP)**

For more information about **FTACC** please contact us:

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